

Shabbat Experiences for Older Children

Wine

Make wine with recipes below.

Balloon grape Wine

Two 6 oz. cans of frozen grape juice

5 cups sugar

¼ tsp. granulated yeast

¼ cup lukewarm water

1 strong balloon

1 gallon jug (from vinegar or cider)

Combine yeast with ¼ cup water. Thaw juice and empty it into a one gallon bowl. Add sugar and stir to dissolve. Add yeast mixture. Use funnel and pour into the small-necked gallon jug. Fill the rest with lukewarm water to one inch from the neck of the jug. Don't blow up the balloon. Set it on the top. Put it in a cool dark place for 5 weeks. The balloon will fill up with air. When the air goes down, the wine is done. If the balloon doesn't deflate, it's ready in 5-6 weeks.

Raisin Wine

In a 1 quart jar, put one cup of raisins. Add sugar if desired. Fill the jar with water. Cover with tinfoil and put in a few holes. Store in a cool, dark place. Take it out in three weeks. Strain it with cheesecloth. Squeeze raisins, and you have wine. Strain again. If there is mold on top, that is ok. Just remove it.

Kiddush Cups

Take a plastic wine glass and paint with liquid starch. Cover with pieces of tissue paper and then cover tissue paper with more liquid starch applied with a brush; OR use Elmer's glue mixed with water; OR use gummed circles. Since you decorate the outside of the cup, put a small paper cup inside for the children to drink from.

Wine Decanter

Using empty Mogen David or Kedem bottles, you can make nice wine decanters.

Candles

Make candles—the safest way is to use beeswax sheets and roll them. Directions and supplies for making the candles are available in the CJL Creativity Center.

Candleholders

For candleholders, use baby food jars. You may color salt or sand or use colored pebbles to put in the jars. The holder is ready to put the candle in.

You can make centerpiece candles by painting or covering toilet paper rolls. Fill with orange or yellow tissue paper and pull a corner through for the flame. Crunch aluminum foil around the bottom of the toilet paper roll.

Head Coverings

Head coverings for girls can be made from lace or netting, cutting out a circle of the size needed. A square of fabric or a handkerchief can be decorated with permanent markers or fabric crayons.